

PRESS RELEASE

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Psychological & trauma counseling workshop emphasized upon tackling earth-quake victims according to age, gender, and socio-cultural pattern

Islamabad: The second phase of psychological and trauma counseling workshop under National Task Force constituted by Prime Minister of Pakistan Mr. Shaukat Aziz concluded on Saturday (26th November 2005) in Islamabad. Chairman NTF Mr. Riaz Fatyana MNA, and Director Parliamentarians Commission for Human Rights (PCHR) Engineer Gyan Chand Singh awarded certificates to more than thirty people from various walks of life which include students from various academia, medical professionals, social workers, and volunteers from psychological fields.

In his address to the participants, Chairman NTF & PCHR, Mr. Riaz Fatyana MNA, said that we are also planning to expand ambit of psychological and trauma counseling of workshop to other parts of the country aiming to increase the fold of psychologist having expertise to train quake-hit victims. Director PCHR Engineer Gyan Chand Singh MNA & appreciated the programs of psychological & trauma counseling by prime minister and maintained that it will help the quake-victims especially women and children to come out of mental depression, and nightmare caused by horrible quake jerks.

While delivering his lecture upon "Healing anxiety and depression" Dr. Shohaib Shahib, Chief Psychologist and Coordinator of workshop emphasized upon the importance of psychological support to the victims. He said that it is sensitive and professional issue which, if not treated, may result other psychological complications. Highlighting main contours of workshop, Dr. Shohab said that training is bio-psycho and socio-oriented model of most modern American techniques as he himself has observed 9/11 catastrophes of America and present severe tragedy of earthquake in Pakistan. He called it a continuous process and added that participants are being trained keeping in view their professional skills.

In the end, Chairman NTF said that these mater trainers will be sent to Muzafarabad, Bagh, Mansehra and Abbotabad.

Following numbers will be reachable round the clock for any information or help:
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